2015 **GROW FRUIT CALENDAR**

A Sustainable Future for Exuma Environmental Management, Design, and Planning

The Bahamas has a rich diversity of fruit trees including sapodilla, calamondin, star apple, and mamey. They bear Bahamian flavors, smells, colors, and sounds. Growing fruit will strengthen bonds between agriculture, landscape, health, and education. Eating local fruits supports local economy and lifestyles, and is healthier for people and the environment. Growing fruit is a way of valuing being Bahamian.









POND APPLE

ANNONA GLABRA Plant form Deciduous. grows in clumps • Peak Flowering Period Dec to Feb · Flower Color White • Fragrance None • Peak Fruiting Period Jan to Apr • Fruit Color Green to yellow • Fruit Description Oval • Taste Reminiscent of ripe honeydew melon

W2 **PASSION FRUIT**

Plant form Evergreen, vine · Peak Flowering Period May to Oct · Flower Color White • Fragrance None · Peak Fruiting Period July to Oct • Fruit Color Yellow or dark purple • Fruit Description Round to oval, skin turns translucent and waxy as ripens • Taste Sweet and seedy

W3 **PINEAPPLE**

Plant Form Deciduous, short stout stem with a rosette of waxy, straplike leaves • Peak Flowering **Period** June to Aug • Flower Color Light purple to red • Fragrance None Peak Fruiting Period Nov to Feb • Fruit Color Brownish-yellow scales with green tufted leaves on the top · Fruit Description Cylindrical and oval, fruit develops from many small fruits fused together • Taste Sweet and tart

POMEGRANATE



Plant Form Perennial, multistemmed shrub/tree, upright branches droop gracefully, herbacious · Peak Flowering Period May to Sept · Flower Color Yellowish pink to deep coral flower • Fragrance None · Peak Fruiting Period Oct to Mar • Fruit Color Light pink to deep red or purple • Fruit Description Oval or nearly round, leathery hard skin, flesh developed on the outer seed coat • Taste Sweet or sour

W5 **SEAGRAPE** COCCOLOBIS UVIFERA

Plant Form Evergreen, messy plant, vase shaped canopy · Peak Flowering **Period** • June to Aug Flower Color White Fragrance None · Peak Fruiting Period Aug to Sept • Fruit Color Green turns purple • Fruit Description Grape-like cluster form Taste Sweet and mildly astringent

W6 **INDIA JUJUBE** ZIZYPHUS MAURITIANA

Plant Form Evergreen, starts as a shrub, grows into small tree · Peak Flowering Period All year • Flower Color Light green Fragrance None · Peak Fruiting Period Feb to Aug • Fruit Color Light green or yellow to red • Fruit **Description** Oval or round Taste Sweet and sour, reminiscent of apples

W7 **CANISTEL**

POUTERIA CAMPECHIANA Plant Form Evergreen, tall and erect • Peak Flowering Period Apr to May · Flower Color Greenish white • **Fragrance** Fragrant flowers Peak Fruiting Period Sept to Feb • Fruit Color Green to yellow • Fruit **Description** When unripe the fruit is hard and gummy internally. On ripening, the skin turns very smooth and glossy • **Taste** Sweet

8W AKEE BLIGHIA SAPIDA

Plant Form Medium sized, evergreen · Peak Flowering Period Feb to Apr, July to Oct · Flower Color Greenish white • Fragrance None · Peak Fruiting Period Feb to Apr, July to Oct • Fruit Color Red Fruit Description Creamy in texture, turns red and splits open when mature, pod opens to expose three or four cream colored sections of flesh topped with glossy black seeds · **Taste** Rich and nutty with a slightly bitter finishing taste

W9 **POMELO**

CITRUS GRANDIS Plant Form Evergreen, crooked trunk and low, irregular branches · Peak Flowering Period Mar to June • Flower Color White Fragrance None · Peak Fruiting Period All year • Fruit Color Pale green to yellow • Fruit Description Globular to oblate, thick peel with cotton-textured pith • Taste Sweet and slightly acidic

W10 **CITRON** CITRUS MEDICA

Plant Form Evergreen, small tree with stiff branches and twigs, can be grown in container • Peak Flowering Period Apr to May • Flower Color White • Fragrance Fragrant fruits, flowers and leaves • Peak Fruiting Period All year • Fruit Color Light green to yellow • Fruit Description Various shapes, rough and bumpy skin, thick and fleshy · Taste Sour

W11 **SURINAM CHERRY**

Plant Form Evergreen, large shrub or small tree Peak Flowering Period Late winter to early spring • Flower Color White • **Fragrance** Fragrant flowers · Peak Fruiting Period Mar to May • Fruit Color Green to dark red and deep maroon • Fruit Description Thin skin; orange-red flesh melting and very juicy • Taste Sour to sweet

W12 LIMEQUAT CITRUS X FLORIDANA



Plant Form Evergreen, small compact, bushy canopy · Peak Flowering Period May to July · Flower **Color** White with a tinge of pink • Fragrance Fragrant flowers • Peak Fruiting Period July to May • Fruit **Color** Light green to yellow • Fruit Description Round or oval with thick and shiny green skin, yellow pulp • **Taste** Sweet, tart and slightly bitter

W13 **CASHEW APPLE**

ANACARDIUM OCCIDENTALE **Plant Form** Evergreen, bushy, low growing and spreading • Peak Flowering Period Mar to May • Flower **Color** Yellowish pink · Fragrance None · Peak **Fruiting Period** Mar to May • Fruit Color Green to yellow or red • Fruit **Description** Usually pearshape, waxy skin, fibrous and juicy pulp · Taste

Sweet and mildly acidic

W14 **CHAYOTE** SECHIUM EDULE



Plant Form Perennial vine, climber with tenacious tendrils · Peak Flowering Period Oct to Dec · Flower • Fragrance None • Peak **Fruiting Period** Mar to May • Fruit Color Green to yellow • Fruit Description Round or pear-like shape, waxy skin · Taste Delicate and mildly sweet

W22 **MAMEY**

Plant Form Evergreen, Short trunk, ascending branches, oval head, dense foliage · Peak Flowering Period All year · Flower **Color White • Fragrance** Fragrant flowers • Peak Fruiting Period May to July • Fruit Color Light brown or yellowish-brown • Fruit **Description** Nearly round and slightly soft when ripe, leathery and scurfy skin

W23 **PAPAYA**

dense crown • Peak CARICA PAPAYA Flowering Period June to Aug • Flower Color Red yellow • Fragance None • **Peak Fruiting Period** Aug to Sept • Fruit Color Brown Fruit Description Glossy brown pods · Taste Sweet and sour

W16 LIME

W15

TAMARIND

Plant Form Evergreen,

large tree, round shape,

CITRUS AURANTIFOLIA Plant Form Evergreen, shrubby, spreading branches · Peak Flowering Period All year · Flower **Color** White in clusters • Fragrance Aromatic leaves · Peak Fruiting Period Apr to June, Oct to Dec • Fruit Color Dark green to light green and yellow • Fruit Description Oval and tender, juicy pulp • Taste Tart and acidic

W17 **JAMAICA CHERRY**

MUNTINGIA CALABURA Plant Form Evergreen, horizontal branching, large tree · Peak Flowering Period Mar to Oct · Flower **Color** White • Fragrance None · Peak Fruiting Period Apr to Oct · Fruit **Color** Red or yellow • Fruit **Description** Wide with smooth, thin, tender skin and light-brown, soft, juicy pulp · Taste Very sweet, musky, fig-like flavor

W18 **SATIN LEAF**

CHRYSOPHYLLUM OVILIFORME Plant Form Evergreen, large, oval from crown • Peak Flowering Period All year • Flower Color White · Fragrance None · Peak Fruiting Period All year • Fruit Color Green to dark purple • Fruit Description Size of an olive with a gumlike skin that is very chewy Taste Sweet

W19 **OTAHEITE GOOSEBERRY**



Plant Form Deciduous, ornamental shrub, small tree, high and spreading, bushy · Peak Flowering Period All year • Flower **Color Pink · Fragrance** None · Peak Fruiting Period May to June • Fruit **Color** White to light yellow Fruit Description Ribbed, waxy, crisp and juicy • Taste Tart and Sour

W20 **BARBADOS** CHERRY

Plant Form Evergreen, large shrub • Peak Flowering Period Apr to Sept • Flower Color Lavender • Fragance None · Peak Fruiting Period May • Fruit Color Green to dark or bright red • Fruit **Description** Resembles a cherry in size and color, thin glossy skin, juicy pulp • Taste Tart and subacidic

CARISSA

CARISSA GRANDIFLORA Plant Form Evergreen, shrub · Peak Flowering Period May to Sept · Flower **Color** White • Fragrance None · Peak Fruiting Period May to Sept · Fruit **Color** Green to deep red Fruit Description Oblong, plum-like with numerous small seeds • Taste Tart

MAMMEA AMERICANA

• Taste Sweet



Plant Form Evergreen, giant herbaceous plant, branchless trunk, palm-like head of foliage · Peak Flowering Period All year • Flower Color White · Fragrance None · Peak Fruiting Period May to Sept • Fruit Color Green to bright yellow or orange • Fruit Description Spherical or pear-shape, smooth skin when ripe • Taste Sweet

W24 **TALLOWWOOD PLUM**

XIMENIA AMERICANA Plant Form Evergreen,

shrub, perennial, thorns Peak Flowering Period All year • Flower Color Yellowish-white • Fragrance Fragrant flowers · Peak Fruiting Period May to June, Sept to Nov • Fruit Color Golden yellow • Fruit **Description** Plum-shape, juicy pulp · Taste Mildly subacidic

W25 WHITE SAPOTE CASIMIROA SP.

Plant Form Evergreen, medium to large tree Peak Flowering Period Mar to May, July to Sept · Flower Color Greenyellow · Fragrance None Peak Fruiting Period May to July • Fruit Color Green to yellowish-green or yellow • Fruit Description Oval, thin skin, smooth

textured flesh · Taste Sweet

ROSE APPLE

and creamy

SYZYYGIUM JAMBOS Plant Form Evergreen, large tree, dense crown • Peak Flowering Period May to July • Flower Color Creamy white to greenish white · Fragrance None · Peak **Fruiting Period** May to July • Fruit Color Whitish to yellow or rose-pink • Fruit **Description** Oval or slightly pear-shaped. Smooth, thin skin covering a crisp, mealy, dry to juicy layer of flesh · Taste Sweet

W27 **STAR APPLE**

CHRYSOPHYLLUM CAINITO Plant Form Evergreen, medium-large sized, short trunk • Peak Flowering Period All year · Flower Color Greenish-yellow, yellow, or purplish-white · Fragrance None · Peak Fruiting Period June to Aug • Fruit Color Redpurple, dark-purple, or pale-green · Fruit **Description** Round baseball size, pulp is soft Taste Sweet

TROPICAL ALMOND

TERMINALIA CATAPPA Plant Form Deciduous, wide spreading, vaseshape, pyramidal spreading crown · Peak Flowering Period Mar to May · Flower **Color** Greenish white · Fragrance None · Peak Fruiting Period June to Aug • Fruit Color Green to pinkish-red or yellowbrown · Fruit Description Almond shape with a fibrous, tender shell that surrounds its juicy

flesh · Taste Reminiscent

W29 **SOURSOP** ANONA MURICATA

of almond

Plant Form Evergreen, long-branching, bushy · Peak Flowering Period All year · Flower Color Yellowish green • **Fragrance** Fruit musk fragrance · Peak Fruiting Period June to Oct • Fruit Color Dark green · Fruit **Description** Oblong, prickly or bristled skin and a juicy white flesh • Taste Slightly acidic and sweet

W30 **AVOCADO** PERSEA AMERICANA

Plant Form Evergreen, open canopy, shade tree · Peak Flowering Period Sept to Dec · Flower Color Yellow green · Fragrance Fragrant • Peak Fruiting Period July to Nov • Fruit Color Light green to dark green or purple · Fruit **Description** Pear-shape or spherical. Smooth or rough skin. Leaves are dark green and flossy on the surface Taste Slightly nutty and rich

W31 **YELLOW MOMBIN**

Plant Form Deciduous, large erect shade tree · Peak Flowering Period Small whitish • Fragrance Fragrant • Peak Fruiting Period Aug to Jan • Fruit Color Green to bright yellow • Fruit Description Egg-shape, leathery skin with soft, juicy flesh • Taste Sweet and subacidic

MAMONCILLO MELICOCCA BIJUGA

Plant Form Evergreen,

medium large tree, attractive, spreading branches · Peak Flowering Period Mar to Apr • Flower **Color** Small greenish white • Fragrance Fragrant flowers • Fruit Color Light to dark green • Peak Fruiting Period July to Oct • Fruit Color Green • Fruit **Description** Small oval shape, leathery and brittle skin, thin layer of juicy pulp

W33 **SAPODILLA** ACHRAS ZAPOTA

Taste Sweet

Plant Form Evergreen, medium-sized, upright elegant, distinctly pyramidal when young · Peak Flowering Period May to Sept • Flower Color White · Peak Fruiting Period May to Aug • Fruit Color Sandy brown • Fruit **Description** Egg-shape, rough-skin with smooth, yellow to brown pulp Taste Sweet and malty

W34 CALAMONDIN **ORANGE** CITRUS MITIS

Plant Form Evergreen, tall, erect, slender · Peak Flowering Period All year Flower Color White • Fragrance Fragrant flowers and fruit • Peak **Fruiting Period** Aug to Oct · Fruit Color Green to orange • Fruit Description Small and round, thin and glossy peel, juicy pulp • Taste Sweet

W35 **COCOPLUM** CHRYSOBALANUS ICACO

Plant Form Evergreen, shrub or small tree, expands horizontally as branches touch the ground · Peak Flowering Period May · Flower Color Small white flower clusters · Fragrance None · Peak Fruiting Period June to Aug • Fruit Color Pale yellow with rose blush or dark purple • Fruit

Description Plum-like with

hard shell • Taste Mildly

W36 **STRAWBERRY PEAR**

HYLOCEREUS UNDATUS Plant Form Evergreen, climbing cactus, succulent, develops aerial roots Peak Flowering Period

July to Aug • Flower Color White or gold • Fragrance Fragrant flowers, fragrant fruits · Peak Fruiting Period Aug to Sept • Fruit **Color** Pink or bright red Fruit Description Oblong to oval, tough skin, white pulp and tiny black edible seeds · Taste Sweet

W37 **SUGAR APPLE** ANONA SQUAMOSA



upright small tree, open crown, irregular branching · Peak Flowering Period Mar to May • Flower Color Cream custard • Fragrance Fragrant flowers, fragrant fruits • Peak Fruiting Period Aug to Oct · Fruit **Color** Greenish-yellow • Fruit Description Round or heart-shape, skin composed of closely knobbed segments or scales, whitish pulp • Taste

W38 **WATERMELON**

Sweet

CITRULLUS VULGARIS Plant Form Climber · Peak **Flowering Period** Mar to May • Flower Color Bright yellow • Fragrance None · Peak Fruiting Period June to Sept • Fruit Color Light green to dark green with pale green-yellowish stripes · Fruit Description Round or oblong, smooth hard exterior with juicy flesh · Taste Sweet and

watery W39 **MUSKMELON**

CUCUMIS MELO Plant Form Annual climber Peak Flowering Period July to Sept • Flower Color Bright yellow • Fragrance None · Peak Fruiting Period Aug to Oct • Fruit **Color** Green or golden Fruit Description Round or oblong, netted or ribbed skin, juicy yellowish, green or pink flesh • Taste Mildly sweet and watery

W40 **COCONUT**

COCOS NUCIFERA

Plant Form Palm, stout trunk, slightly curved, swollen base • Peak Flowering Period All year • Flower Color Creamy yellow • Fragrance Sweet scented · Peak Fruiting Period All year · Fruit Color Green or yellow to brown Fruit Description Nearly round, hard thick husk, thin white fleshy layer with liquid • Taste Mildly sweet and nutty

W41 **GRAPE** VITIS VINIFERA

Plant Form Deciduous, climber • Peak Flowering **Period** May to Aug · Flower Color Green · Fragrance None · Peak **Fruiting Period** Aug hrough Oct • Fruit Color Green turns golden/black/ burgundy depending on variety • Fruit Description Edible smooth skin, grows in clusters, juicy pulp • Taste Sweet

W42 **PRICKLY PEAR**



Plant Form Cactus, upright spreading flesh, succulent shrub · Peak Flowering **Period** May to June · Flower Color Pink, coral or orange · Fragrance None · Peak Fruiting Period Nov to Feb • Fruit Color yellowish-green Taste Sweet to orange-brown • Fruit **Description** Pear-like, thick membrane with needles, yellowish green to orange brown watery flesh rich in

W49

LOQUAT ERIOBOTRYA JAPONICA Plant Form Evergreen, grows upward with pointing branches · Peak Flowering Period Sept to Mar · Flower **Color** White • Fragrance Fragrant flowers • Peak **Fruiting Period** May to Oct • Fruit Color Orange or yellow • Fruit Description Oval or pear-shaped, tough and leathery skin, grows in clusters · Taste Sweet and tangy

seeds · Taste Sweet

W43

W44 **LEMON** CITRUS LIMON

Plant Form Evergreen, high crown, clear trunk • Peak **Flowering Period** Mar to Aug • Flower Color White • Fragrance Fragrant flowers/fruits · Peak Fruiting Period July to Oct Fruit Color Green to dark yellow • Fruit Description Oval, firm and thick outer peel, juicy pulp • Taste Sour

W45 **PIGEON PLUM**

Plant Form Evergreen, upright, symmetrical, densely-foliated, pyramidal · Peak Flowering Period May to June • Flower Color Whitish green • Fragrance None · Peak Fruiting Period Sept to Nov • Fruit **Color** Green to dark purple Fruit Description Round or pear-shape, thick layer of juicy flesh, grows in clusters • **Taste** Astringent and subacidic

W46 **MANGO** MANGIFERA INDICA



Plant Form Evergreen, large and canopy, shade tree · Peak Flowering Period Mar to June • Flower **Color** Yellowish or reddish flowers • Fragrance None Peak Fruiting Period June to Nov • Fruit Color Green to yellow, orange or purplish-red • Fruit **Description** Usually oval or round, smooth skin, flesh is juicy with soft fibrils Taste Sweet

W47 **SEVEN YEAR APPLE**

Plant Form Shrub or small tree, perennial, multitruncked · Peak Flowering **Period** Mar to June • Flower Color White and pink-tipped • Fragrance Fragrant flowers • Peak Fruiting Period All year • Fruit Color Green to yellow-green and nearly black • Fruit Description Large lemon shape, juicy pulp that contains many inedible seeds • Taste Sweet to liquorish

W48 **BANANA** MUSA SPP

perennial, leaves are among the largest of all plants · Peak Flowering Period All year · Flower Color Orange and purple Fragrance None · Peak Fruiting Period All year • Fruit Color Ranges from green, yellow, purple or brown · Fruit Description Resembles a long curving cylinder, narrow ends, skin is smooth and thick, with vertical ridges. Flesh is creamy white and soft

Plant Form Large shrub,

GRAPEFRUIT CITRIS PARADISI

Plant Form Evergreen, medium-sized tree, rounded top, spreading branches · Peak Flowering Period Jan to May · Flower **Color White • Fragrance** Aromatic flowers · Peak Fruiting Period Nov to Feb • Fruit Color Yellow-orange • Fruit Description Nearly round or oblate, thick skin, juicy pulp · Taste Tart

W50 **ORANGE** CITRUS SPP.

Plant Form Evergreen,

and tangy

small or medium-sized tree, round crown, dense canopy · Peak Flowering Period Mar to May · Flower **Color White • Fragrance** Fragrant flowers • Peak **Fruiting Period Starting** Sept, peaks Nov to Jan • Fruit Color Orange or yellow • Fruit Description Nearly round, thick skin, juicy pulp that is divided into segments · Taste Sweet or sour

W51 **KUMQUAT** FORTUNELLA SPP.



Plant Form Evergreen, compact, ornamental, small tree • Peak Flowering Period Apr to July • Flower **Color** White • Fragrance Fragrant flowers • Peak Fruiting Period Oct to July • Fruit Color Golden yellow Fruit Description Usually round or oval shape, edible skin, juicy pulp • Taste Peel is sweet, flesh is sour

W52 **GUAVA** PSIDIUM SPP.

shallow-root shrubs or small trees, spreading branches close to the ground · Peak Flowering Period All year · Flower **Color White • Fragrance** Flowers faintly aromatic/ leaves aromatic when crushed/strong, sweet, musky odor when ripe Peak Fruiting Period All year • Fruit Color Light green to yellow, dark green or maroon · Fruit **Description** Round or pear-

shape, thin edible skin,

juicy flesh · Taste Sweet

and slightly acidic

Plant Form Evergreen,